

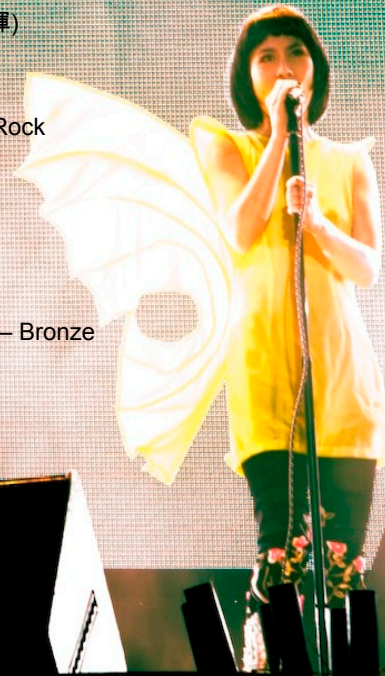


HO
CHIU

何超

AWARDS

- 2015 Metro Radio Mandarin Hits Music Awards, Metro Radio Mandarin Hits Song, Johnny Deep
新城國語力頒獎禮 - 新城國語力歌曲獎, “Johnny Depp”
Metro Radio Mandarin Hits Music Awards, The Electrifying Supernatural Lady Land
新城國語力頒獎禮 - 新城國語力年度專輯 “搖滾妹子”
Metro Radio Mandarin Hits Music Awards - Metro Radio Best Asia Rock Band, Josie and the Uni Boys
新城國語力頒獎禮 - 新城國語力亞洲搖滾樂團 “Josie and the Uni Boys”
- 2016 Royal Appointment BY Republic of Montenegro - Lady Josephine Ho Chiu Yee
歐洲黑山共和國-何超儀女爵士
- 2015 QQ Music Awards - Creative Premiere Album: The Electrifying Supernatural Lady Land
QQ音樂年度頒獎禮 - 創意獨家首發專輯獎 “搖滾妹子”
- 2014 “The Best Supporting Actress” - The TVB Anniversary Award
“最佳女配角” - 香港無線電視萬千星輝頒獎禮
- 2010 “The Best Actress” - The 43rd Sitges Film Festival, Spain
“最佳女主角” - 第43屆西班牙錫切斯國際電影節
- 2009 Taiwan Golden Melody Awards - The Best Music Video Nominee for the song of “Drug to Love”
(Produced by Josie HO, Directed by KO FAI)
台灣金曲獎 - 提名最佳音樂錄像 - 愛情靈藥 (錄像監製: 何超儀, 錄像導演: 高輝)
- 2008 Metro Radio Hong Kong - The Best Rock n Roll Artist of the Year
新城國語力最佳搖滾女歌手
Metro Radio Hong Kong - The Best Rock n Roll Album of the Year - Elastic Rock
新城國語力最佳搖滾專輯 - “橡皮石”
- 1996 JVC Metro Hit Awards - JVC Metro New Female Artiste
JVC新城勁爆頒獎典禮 - 新登場女歌手
RTHK - The Best Dressed Personalities Award
十大中文金曲頒獎典禮 - 最受歡迎新人獎
Jade Solid Gold Best Ten Music Awards Presentation - The Best New Artiste - Bronze
十大勁歌金曲頒獎典禮 - 最受歡迎新人獎銅獎
- 2000 Ten Best Dressed Personalities Award
十大傑出衣著大獎
- 2008 Ten Best Dressed Personalities Award
十大傑出衣著大獎
- 1996 BACCARAT STAR OF CHARACTER
傑出青年設計師形象設計大獎 - 最佳形象演繹大獎



ALBUM RELEASED

2014 Josie and The Uni Boys – Electrifying Supernatural Lady Land

2014 何超與海膽仔 – 搖滾妹子

2013 Josie and The Uni Boys – 80's Medley

2013 何超與海膽仔 – 80再玩

2011 Josie and The Uni Boys – Third Eye

2011 何超與海膽仔 – 天眼通

2008 Ho Chiu – Elastic Rock

2008 何超 – 橡皮石

2006 Ho Chiu – Hell's Kitchen

2006 何超 – 地獄廚房

2003 Ho Chiu – Sickid

2003 何超 – Sickid

1997 Ho Chiu – White Lies

1997 何超 – 說謊

1996 Ho Chiu – Ho Ka Suk Lui

1996 何超 – 何家淑女



LIVE PERFORMANCES P.1

14 Nov 2016

4th Hong Kong China International Tattoo Convention -何超 與 The Uni Boys
第四屆香港中國 國際紋身展 -何超 與 The Uni Boys

7 Feb 2015

CR903 Music Show – Josie and The Uni Boys
叱吒903搖滾妹子音樂會-何超 與 The Uni Boys

7 Dec 2013

BloParty HK– Josie and The Uni Boys

27 Sep 2013

80's Medley Taiwan Launch Party – Josie and The Uni Boys
80再玩台灣發佈派對-何超 與 The Uni Boys

31 Aug 2013

Commercial Radio – Memory of Danny Chan Live Concert
CR陳百強永恆的愛拉闊思念音樂會

12 Jul 2013

Neon Rock Party – Josie and The Uni Boys

25 Apr 2013

80's Medley Launch Party
80再玩 發佈派對

7 Apr 2013

World Vision Hong Kong - 30-Hour Famine – Live Performance –Josie and the Uni Boys
香港宣明會 – 饑饉30表演嘉賓 -何超 與 Uni Boys

9 Nov 2012

Bacardi 150th Anniversary Music Event
百加得150週年音樂會

3 Oct 2012

GuiLim Music Festival – Josie and the Uni Boys
桂林山水音樂節 –何超 與 Uni Boys

24 Jun 2012

大愛音樂節
2012 Chengdu Tai Oi Music Festival -何超 與 The Uni Boys
2013 2012 成都大愛音樂會 – Josie and The Uni Boys

1 May 2012

2012 Beijing Strawberry Music Festival -何超 與 The Uni Boys
2012 北京草莓音樂節 – Josie and The Uni Boys

24 Sep 2011

2011 HeFei Music Festival – Josie and The Uni Boys
2011 合肥音樂節 -何超 與 The Uni Boys

18 Sept 2011

2011 Josie & The Uni Boys – Third Eye Live @ Legacy Taiwan
2011何超& The Uni Boys - 天眼 Live @ Legacy 台灣

14 Aug 2011

2011 Zebra Music Festival – Shanghai Station – Josie and The Uni Boys
2011 星尚熱波 (沙灘) 音乐节 上海站 -何超 與 The Uni Boys

31 Jul 2011

Cheung Bei Music Festival – Josie and The Uni Boys
張北草原音樂節 -何超 與 The Uni Boys

23 Jul 2011

Skyhigh Music Show – Josie and The Uni Boys
天比高圍你音樂會 – 何超 與 The Uni Boys

23 Jun 2011

tvb.com and San Migual Music Battle – Josie and The Uni,Boys x Hard Pack
tvb.com; 生力啤 呈獻 音樂交手 交朋友 – 何超 與 The Uni Boys x Hard Pack

8 Apr 2011

Special Performance Guest of LMF Finale Concert 2011
LMF Finale Concert 2011 – 特別表演嘉賓

26 Jul 2010

Special Performance Guest of Max & Co. Flag Ship Shop Grand
Opening Party – Max & Co. x UNICEF Event
Max & Co. 旗艦店開幕派對 – Max & Co. x 聯合國兒童基金會 表演嘉賓

11 Jul 10

The 11th Taiwan Hohaiyan Rock Festival - International Night
第11屆台灣貢寮海洋音樂祭 - 世界搖滾之夜

28 Nov 08

Special Performance Guest of adidas Originals Concept Store
launch party for the new Atelier concept
Adidas Originals Concept Store 開幕派對表演嘉賓

LIVE PERFORMANCES P.2

19 Sep 08

Club PP presented HO CHIU Live Band Show, TST HK
Club PP 呈獻 何超Live Band Live, 於香港尖沙咀Club PP 舉行

31 Aug 08

Flirting with Sound @ Electments, Kowloon, Hong Kong
圖方「聲·樂·感」特別表演嘉賓, 於香港九龍圖方舉行

22 Aug 08

HO CHIU Concert @ The Wall, Taipei, Taiwan
何超演唱會, 於台灣台北·牆牆音樂藝文展演空間舉行

12 Aug 06

TVB Best of the Best – Ho Chiu & Friends Concert, with Eason Chan,
Edmond Leung, at HITEC, Kowloon Bay, Kowloon, Hong Kong
TVB 型人型樂館之何超 & Friends Concert, 其他表演嘉賓包括
陳奕迅 及梁漢文, 於香港九龍灣國際展貿中心舉行

27 Jul 06

ROADSHOW HO CHIU 727 Live Concert
at HITEC Kowloon Hong Kong
ROADSHOW 何超727 Live 演唱會,
於香港九龍灣國際展貿中心舉行

19 Apr 08

Ploytechnic University Music Society – Poly Muso
Show at Hong Kong International Trade & Exhibition Centre
香港理工大學音樂會社 – Poly Muso Show 音樂會,
於香港九龍灣國際展貿中心

23 Apr 08

TVB Jade Solid Gold Live at TVB City, Hong Kong
TVB 勁歌金曲 Live 特別表演嘉賓, 於香港將軍澳電視城

08 Mar 08

HO CHIU Glam Trash Live at Star Hall, Hong Kong
何超 Glam Trash 演唱會, 於香港九龍灣匯星舉行 12 JAN 08
San Migual Wild Day Out at Pop Arena, Kowloon,
with Paul Wong, Mavis Fan & Tanya Chau.
生力Wild Day Out, 其他演出者包括黃貫中,
范曉萱, 蔡健雅, 於香港九龍Pop Arena 舉行

10 Nov 07

Special Performing Guest of Jeans West Fashion Design Cup,
Beijing, China
真維斯杯休閒裝設計大賽表演嘉賓, 於中國北京舉行

31 Oct 07

Hong Kong Performing Artistes Guild
Halloween Part, Intercontinental Hotel,
Kowloon HK
香港演藝人協會之萬聖節派對的表演嘉賓,
於白流洲際酒店舉行

02 Oct 07

Special guest of Modern Sky Music Festival with
Kubert Leung Kiu Paak at Mao Live, Beijing, China
摩登音樂天空音樂節之特別表演嘉賓, 其他
表演嘉賓包括梁翹柏, 於北京之貓表演

08 Sep 07

QUIKSILVER X HO CHIU Causeway Bay Hong Kong Flagship Grand Opening
Performance
QUIKSILVER X HO CHIU 旗艦店開幕表演,
於香港銅鑼灣的QUIKSILVER 旗艦店

16 Sep 07

Metro Radio Show Rock, at HITEC, Kowloon, Hong Kong
新城電台搖滾音樂Show, 於香港九龍灣
國際展貿中心舉行

13 Jul 07

YO PARK Music Festival, at
YO PARK, Kowloon, Hong Kong
YO PARK 音樂節, 其他表演者包括許懷欣、葉世榮,
於香港紅磡YO PARK 舉行

11 May 07

LET'S FIGHT Round I & II @ HITEC, Kowloon Hong Kong
LET'S FIGHT 第一及第二回, 其他演出者包括黃貫中, 葉世榮及
24味, 於香港九龍灣國際展貿中心舉行

TV / Print Commercial P.1

- 
- 2015 Elyze - Hong Kong Spokesman of Elyze(TVC and Print Ad)
脂肪美學專家香港區代言人 (電視及平面廣告)
 - 2015 Skyteam - China and China Spokesman (Online Short Movie)
天合聯盟航空聯盟 - 中國及香港代言人 (網絡短片)
 - 2015 Kate Somerville Skin Health Products - Online Promotion Representative
凱詩薇肌膚保健產品 - 網絡宣傳大使
 - 2014 World AIDS Day campaign 2014 - Hong Kong Campaign Representative
世界愛滋病日「關懷愛滋」零標籐咖啡車X何超儀
 - 2014 Versace Unique Signature Handbags for Pacific Place - Hong Kong Campaign Representative
限量版手袋相集
 - 2014 King Fook Jewellery Group
景福珠寶集團亞洲區代言人 (平面廣告)
 - 2013 ELYZE - Hong Kong Spokesman of Elyze (TVC and Print Ad)
ELYZE脂肪美學專家 - 港區代言人
 - 2013 KING FOOK JEWELLERY GROUP
景福珠寶集團亞洲區代言人 (平面廣告)
 - 2013 Kagome Juicfe - Hong Kong Campaign Representative (TVC and Print Ad)
Kagome 蕃茄汁香港區代言人
 - 2012 Leonard - HK Campaign Representative
Leonard - 香港區 Campaign Representative
 - 2012 Coach - HK Campaign Representative
Coach - 香港區 Campaign Representative
 - 2012 Shiseido - HK Campaign Representative
資生堂 - 香港區 Campaign Representative
 - 2012 China, Hong Kong & Macau Spokesman of Alain Philippe Watch
Alain Philippe 腕表 中港澳代言人

TV / Print Commercial P.2



- 2012 KING FOOK JEWELLERY GROUP
景福珠寶集團亞洲區代言人 (平面廣告)
- 2012 Yves Saint Laurent (YSL) Cosmetic – Top Secret Campaign Representative
聖羅蘭 (YSL) – Top Secret 護膚系列
- 2011 Diesel - Spokesman of fashion line – Diesel Island
Diesel – 時裝系列 – Diesel Island 代言人
- 2009 Yves Saint Laurent (YSL) Cosmetic – Top Secret Campaign Representative
聖羅蘭 (YSL) – Top Secret 護膚系列
- 2008 China, Hong Kong & Macau Spokesman of Alain Philippe Watch
Alain Philippe 腕表 中港澳代言人
- 2008 Asian Region Spokesman of KING FOOK JEWELLERY GROUP
60th Anniversary (Print Ad)
景福珠寶集團60週年亞洲區代言人 (平面廣告)
- 2007 Jewelry Manufacturing Association HK & Macau (Print-Ad & TVC)
香港珠寶製造業廠商會港澳區代言人 (電視及平面廣告)
- 2007 Feature star of Diesel (Print Ad)
Diesel 特寫女星 (平面廣告)
- 2007 Acupuncture (Print Ad)
Acupuncture (平面廣告)
- 2006 ESTEE LAUDER – Perfectionist Power correcting Eye Patch (Print-Ad)
ESTEE LAUDER – Perfectionist 眼部護理系列 (平面廣告)

TV / Print Commercial P.3

- 2002 2 Collection (Diamond) Hong Kong (Print-Ad)
2 Collection (Diamond) Hong Kong (平面廣告)
- 2002 Cutis Skin Care (Print Ad)
Cutis Skin Care (平面廣告)
- 2002 Wing On Travel (TVC)
永安旅遊 (電視廣告)
- 2002 Sau San Tong Healthy Trim Institute
(TVC & Print Ad)
修身堂 (電視及平面廣告)
- 2001 Bauhaus Clothing & Jeans (Print Ad)
Bauhaus (平面廣告)
- 2001 Cartier – Asia Region Spokesman (Print-Ad)
“卡地亞” 亞洲區代言人 (平面廣告)
- 2000 Motorola Mobile Phone (TVC)
摩托羅拉手機 (電視廣告)
- 1999 Riccola Confectionery (TVC & Print-Ad)
利口樂香口珠 (電視及平面廣告)
- 1993 Get 27 Mint Liquor (HK, Taiwan, China) (TVC)
Get 27薄荷酒 (中國、香港、台灣 – 電視廣告)
- 1992 Whisper Sanitary Napkins (HK, Taiwan, China – TVC)
護舒寶女士用品 (中國、香港、台灣 – 電視廣告)



MEDIA P.1

BAZAAR
 FALL IDEAS
 新季配飾時尚
 QUICK STYLING
 簡易配襯之道
 SPECIAL FEATURE
 CECILIE TRILLER
 寶探電影文化探索
 BEST TRAVEL
 遨遊巴拿馬
 Chic Formula
 何超儀 張儀以外

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 美得要健康
 強顏食療+美體運動
 Beauty Sleep 要訣
 BEST TIPS
 全城梳起! 型格高髻
 酒手護足大法
 國際名師教你明亮上斑妝

HONG KONG TATLER
 THE SPIRIT OF HIGH SOCIETY
 HOT DEBS
 Le Bal Crillon
 EXCLUSIVE
 CUISINE of the WORLD
 What's In the Most Luxurious Dinner EVER
 0185
 Robuchon, Krug & more gastro delights
 Josie HO
 REVEAL ALL! BILLIONAIRE
 HEIRESS, KUN GUANLING
 MACHINE OR COWS GIRL

CITYMAGAZINE
 城市雜誌
 狂人日記
 Madness
 何超儀/馬浚偉/李亞男/馮敬兒/廖潔蓮/盧冠廷/陳奕迅
 ROUND TABLE: SEX 'MAS
 PEOPLE 彭氏風雲/林憶蓮
 電影專題: CRAZYMAS
 WINNER
 ISSUE 396 | DEC 2006 | HK\$30 | NT \$150

ICON SINGAPORE
 風華
 OCTOBER 2007 \$58.00
 何超儀
 她是个富爸爸
 如何挤进精英排行榜?
 明星搞时尚
 人面天使马尔代夫
 顶级酒店设计师
 时尚, 你的名字叫绿色

09' 秋冬彩妝潮流速報
 終極美容手冊 護膚·彩妝·美髮·健體總覽

君子雜誌
 INTERNATIONAL MEN'S MAGAZINE
Esquire
 WOMEN
 LOVE

Zip
 zip magazine
 超蝶變
 何超儀
 入秋時裝
 配飾搜畫
 45分鐘
 HOME SPA之旅

MAXIM FOR MEN
 感嘆號
 CRAP YOU SHOULD KNOW
 31項
 超技能!
 惡霸!!
 天生惡才必有用
 10
 十大異態電影
 OFF THE CATWALK
 LISA S.
 SPORTS:
 動物分級 英雄隊實力
 TRENDS ALERT!
 Top 8 秋季時裝 Must Have
 FOR YOUR BODY:
 健康 Healthy Pills
 HOW TO:
 釋放動感分子
 SOAKIN' WET!
 JOSIE HO
 SEPTEMBER 2004 \$30

MEDIA P.2

2002DVD最速ラインアップ・650名様プレゼント!「オーシャンズ11」劇場&試写会招待



DVD **ビデオ**

ジョシー・ホー
Josie Ho

三池監督の演出は
大胆で、若々しくて
尚です

38th 香港藝術節
Hong Kong Arts Festival
25.2-28.3.2010

情話紫釵
The Liaisons
毛俊輝戲劇作品

人間的
美好
是靠情去完成的

三月 Mar 4 晚 - 9 早
香港演藝學院歌劇院 Lyric Theatre, HKAPA



Josie Ho gets the Rockit Festival off to a fine start at Victoria Park. The festival continues over the weekend. Picture: Martin Chan

Rockit blasts off with teenage talent

at least you need more attendees to attend the event to make it a Brazendale said it was a last year and she enjoyed any programme, because you never know!

SUNDAY 娛樂名人

群星戶外搖滾環保署令收聲
超儀轟政府：維港騷

三月廿一號舉辦的維港搖滾騷，曾引起九龍區行政機構執行，並由二十二歲英國搖滾女歌手 Lennon 參與表演，打破性騷的種子，現在台上廣蘭和拉羅，請即全場，要麼，不煩再煩煩煩煩煩。

Idol Threat

Sound and Vision

My record company told me to never, ever sing live again. They just wanted me to lip-synch for the rest of my life.

With famous parents, Josie Ho could have just screwed around Macau, Hong Kong, the U.S., and Canada. Instead, she followed her interests in music and film. And now, instead of becoming part of Hong Kong's idol-making machine, she's playing real rock 'n' roll with the punk band Hardpack and choosing challenging roles in indie flicks like *Butterfly* and artful movies like *The Exiled*. During her latest stop in Los Angeles, where she was in talks with various Hollywood-types, we visited her family apartment.

GR: Where did you grow up?
JH: I grew up in Hong Kong and Toronto. I spent my childhood and teenage years in Toronto, in two boarding schools. I loved boarding school. You have a lot of freedom and you get to be responsible.

GR: Were you in bands or plays or whatnot when you were a kid?
JH: Yeah, I was in plays. I got to be Ella's sister—a tiny part. I wasn't involved in a band, but we had a lot of talent shows and I remember we had Amnesty concerts. I was always imitating Madonna. I was a freak—I wanted to be Madonna. I dreamed about being a singer when I was 11 or 12. My sisters hung out with Chinese pop stars like Andy Lau and Leslie Cheung. I saw those guys partying and having a lot of fun. I didn't see the hard work behind everything—just the glamorous, fun part of it—and I was fascinated. My family knew, and they had me perform at their private parties.

GR: How noisy?
JH: Yeah, my parents always have parties, where they hired a keyboard person and they'd sing. At the time, we didn't have KTV clubs. Before getting drunk, everyone would be shy, and they'd be like, "Josie! Why don't you go up and sing!"

GR: How do you sing Cantonese or Hong Kong style pop back then, or were you into rock 'n' roll?
JH: I was really into Madonna and pop music like Leony Kravitz and Prince. Now I'm into rock 'n' roll because of [her husband] Conroy's influence. I became friends with him and he started showing me different music like Pantera and Slayer.

GR: On your last album, there's a lot of stuff that's really band-oriented. What were your early albums like?
JH: Record companies were like, "You have to do seven dance music songs and three ballads." So I did that.

GR: Did you get dance lessons, a makeover, and all that?

Sweet Josie Ho

With famous parents, Josie Ho could have just screwed around Macau, Hong Kong, the U.S., and Canada. Instead, she followed her interests in music and film. And now, instead of becoming part of Hong Kong's idol-making machine, she's playing real rock 'n' roll with the punk band Hardpack and choosing challenging roles in indie flicks like Butterfly and artful movies like The Exiled. During her latest stop in Los Angeles, where she was in talks with various Hollywood-types, we visited her family apartment.

