



HO CHIU 何超

AWARDS

- 2018 The 51st Sitges Film Festival – The Time Machine Award
第51屆西班牙錫切斯國際電影節 – The Time Machine Award
- 2015 Metro Radio Mandarin Hits Music Awards, Metro Radio Mandarin Hits Song, Johnny Deep
新城國語力頒獎禮 - 新城國語力歌曲獎, “Johnny Depp”
Metro Radio Mandarin Hits Music Awards, The Electrifying Supernatural Lady Land
新城國語力頒獎禮 - 新城國語力年度專輯 “搖滾妹子”
Metro Radio Mandarin Hits Music Awards - Metro Radio Best Asia Rock Band, Josie and the Uni Boys
新城國語力頒獎禮 - 新城國語力亞洲搖滾樂團 “Josie and the Uni Boys”
- 2015 Royal Appointment BY Republic of Montenegro - Lady Josephine Ho Chiu Yee
歐洲黑山共和國 - 何超儀女爵士
- 2015 QQ Music Awards - Creative Premiere Album, The Electrifying Supernatural Lady Land
QQ音樂年度頒獎禮 - 創意獨家首發專輯獎 “搖滾妹子”
- 2014 “The Best Supporting Actress” - The TVB Anniversary Award
“最佳女配角” - 香港無線電視萬千星輝頒獎禮
- 2010 “The Best Actress” - The 43rd Sitges Film Festival, Spain
“最佳女主角” - 第43屆西班牙錫切斯國際電影節
- 2009 Taiwan Golden Melody Awards – The Best Music Video Nominee for the song of “Drug to Love”
(Produced by Josie HO, Directed by KO FAI)
台灣金曲獎 – 提名最佳音樂錄像 – 愛情靈藥 (錄像監製: 何超儀, 錄像導演: 高輝)
- 2008 Metro Radio Hong Kong – The Best Rock n Roll Artist of the Year
新城國語力最佳搖滾女歌手
Metro Radio Hong Kong – The Best Rock n Roll Album of the Year – Elastic Rock
新城國語力最佳搖滾專輯 – “橡皮石”
- 1996 JVC Metro Hit Awards – JVC Metro New Female Artiste
JVC新登場勁爆頒獎典禮 - 新登場女歌手
RTHK – The Best Dressed Personalities Award
十大中文金曲頒獎典禮 – 最受歡迎新人獎
Jade Solid Gold Best Ten Music Awards Presentation - The Best New Artiste – Bronze
十大勁歌金曲頒獎典禮 – 最受歡迎新人獎銅獎
- 2000 Ten Best Dressed Personalities Award
十大傑出衣著大獎
- 2008 Ten Best Dressed Personalities Award
十大傑出衣著大獎
- 1996 BACCARAT STAR OF CHARACTER
傑出青年設計師形象設計大獎 – 最佳形象演繹大獎

ALBUM RELEASED

2018 Josie and The Uni Boy – 7" Vinyl single – Kick Face

2018 何超與海膽仔 – 搏擊會

2018 Josie and The Uni Boys – 7" Vinyl single – Poor Little Flee

2018 何超與海膽仔 – 可憐蚤

2018 Josie and The Uni Boys – 7" Vinyl single – Squid In The Ink - Ranked number 1 on "903 Top 20"

2018 何超與海膽仔 – 章魚黑洞 – 叱咤903專業推介第一位

2017 Josie and The Uni Boys – 7" Vinyl single – Ho Piu Yi

2017 何超與海膽仔 – 何飄移

2014 Josie and The Uni Boys – Electrifying Supernatural Lady Land

2014 何超與海膽仔 – 搖滾妹子

2013 Josie and The Uni Boys – 80's Medley

2013 何超與海膽仔 – 80再玩

2011 Josie and The Uni Boys – Third Eye

2011 何超與海膽仔 – 天眼通

2008 Ho Chiu – Elastic Rock

2008 何超 – 橡皮石

2006 Ho Chiu – Hell's Kitchen

2006 何超 – 地獄廚房

2003 Ho Chiu – Sickid

2003 何超 – Sickid

1997 Ho Chiu – White Lies

1997 何超 – 說謊

1996 Ho Chiu – Ho Ka Suk Lui

1996 何超 – 何家淑女



LIVE PERFORMANCES P.1

5th to 6th Apr 2018

Josie and The Uni Boys Hong Kong Concert – Explode Into Life

何超與海膽仔 香港演唱會 – 爆出個未來

8 Feb 2018

Josie and The Uni Boys @FB Live @Timable Now!!

何超與海膽仔@FB Live @Timable Now!!

3 Feb 2018

Josie and The Uni Boys –The only guest performed @FilmAid Charity Ball Murray Hotel

何超與海膽仔@ 尼依格羅酒店 FilmAid慈善晚會的唯一表演嘉賓

19 Jan 2018

Ho Chiu as Special Guest @ Far East Movement –billboard radio Live In HK

何超 @Far East Movement – billboard radio Live in HK

1 Nov 2017

Josie and The Uni Boys Japan Tour - Go Berzerka Live at Daikanyama H.S.M,M

何超與海膽仔日本巡迴演唱 @ Daikanyama H. S. M, M

26 Oct 2017

Josie and The Uni Boys Japan Tour - Go Berzerka Live at Red Shoes

何超與海膽仔日本巡迴演唱 @ Red Shoes

23 Oct 2017

Josie and The Uni Boys Japan Tour - Go Berzerka Live at Daisy Bai

何超與海膽仔日本巡迴演唱 @ Daisy Bar

23 Oct 2017

Josie and The Uni Boys Japan Tour - Go Berzerka Live at Crocodile

何超與海膽仔日本巡迴演唱 @ Crocodile Live House

12 Aug 2017

wow and flutter "THE WEEKEND" 2017

wow and flutter 本地週末 2017

9-10 Jun 2017

Andrew Lam Man Chung 35th Anniversary Live Concert - Josie and the Uni Boys

林敏聰《35年腦交戰作品展》演唱會 –表演嘉賓 –何超與海膽仔

14 Nov 2016

4th Hong Kong China International Tattoo Convention - Josie and the Uni Boys

第四屆香港中國 國際紋身展 – 何超與海膽仔

7 Feb 2015

CR903 Music Show – Josie and The Uni Boys

叱吒903搖滾妹子音樂會 – 何超與海膽仔

7 Dec 2013

BloParty HK– Josie and the Uni Boys

27 Sep 2013

80's Medley Taiwan Launch Party – Josie and the Uni Boys

80再玩台灣發佈派對 – 何超與海膽仔

31 Aug 2013

Commercial Radio – Memory of Danny Chan Live Concert

CR陳百強永恆的愛拉闊思念音樂會

25 Apr 2013

80's Medley Launch Party

80再玩 發佈派對

7 Apr 2013

World Vision Hong Kong - 30-Hour Famine – Live Performance –Josie and the Uni Boys

香港宣明會 – 饑饉30 表演嘉賓 – 何超與海膽仔

9 Nov 2012

Bacardi 150th Anniversary Music Event

百加得150週年音樂會

3 Oct 2012

GuiLim Music Festival – Josie and the Uni Boys

桂林山水音樂節 – 何超與海膽仔

24 Jun 2012

Chengdu Tai Oi Music Festival -Josie and the Uni Boys

成都大愛音樂會 – 何超與海膽仔

LIVE PERFORMANCES P.2

1 May 2012

Beijing Strawberry Music Festival - Josie and the Uni Boys
北京草莓音樂節 - 何超與海膽仔

24 Sep 2011

HeFei Music Festival – Josie and the Uni Boys
合肥音樂節 - 何超與海膽仔

18 Sept 2011

Josie & The Uni Boys – Third Eye Live @ Legacy Taiwan
何超 & The Uni Boys – 天眼 Live @ Legacy 台灣

14 Aug 2011

Zebra Music Festival – Shanghai Station – Josie and the Uni Boys
星尚熱波（沙灘）音樂節 上海站 - 何超與海膽仔

31 Jul 2011

Cheung Bei Music Festival – Josie and The Uni Boys
張北草原音樂節 - 何超與海膽仔

23 Jul 2011

Skyhigh Music Show – Josie and The Uni Boys
天比高圍你音樂會 - 何超與海膽仔

23 Jun 2011

tvb.com and San Migual Music Battle – Josie and The Uni Boys x Hard Pack
tvb.com; 生力啤 呈獻 音樂交手 交朋友 - 何超 與 The Uni Boys x Hard Pack

8 Apr 2011

Special Performance Guest of LMF Finale Concert 2011
LMF Finale Concert 2011 - 特別表演嘉賓

26 Jul 10

Special Performance Guest of Max & Co. Flag Ship Shop Grand
Opening Party – Max & Co. x UNICEF Event
Max & Co. 旗艦店開幕派對 - Max & Co. x 聯合國兒童基金會 表演嘉賓

11 Jul 10

The 11th Taiwan Hohaiyan Rock Festival - International Night
第11屆台灣貢寮海洋音樂祭 - 世界搖滾之夜

12 JAN 08

San Migual Wild Day Out at Pop Arena, Kowloon, with Paul Wong, Mavis Fan & Tanya Chau.
生力Wild Day Out. 其他演出者包括黃貫中, 范曉萱, 蔡健雅, 於香港九龍Pop Arena 舉行

08 Mar 08

HO CHIU Glam Trash Live at Star Hall, Hong Kong
何超 Glam Trash 演唱會, 於香港九龍灣匯星舉行

19 Apr 08

Ploytechnic University Music Society – Poly Muso
Show at Hong Kong International Trade & Exhibition Centre
香港理工大學音樂會社 - Poly Muso Show 音樂會,
於香港九龍灣國際展貿中心

23 Apr 08

TVB Jade Solid Gold Live at TVB City, Hong Kong
TVB 勁歌金曲 Live 特別表演嘉賓, 於香港將軍澳電視城

22 Aug 08

HO CHIU Concert @ The Wall, Taipei, Taiwan
何超演唱會, 於台灣台北 • 這牆音樂藝文展演空間舉行

31 Aug 08

Flirting with Sound @ Electments, Kowloon, Hong Kong
圓方「聲・樂・騷」特別表演嘉賓, 於香港九龍圓方舉行

19 Sep 08

Club PP presented HO CHIU Live Band Show, TST HK
Club PP 呈獻 何超Live Band Live, 於香港尖沙咀Club PP 舉行

28 Nov 08

Special Performance Guest of adidas Originals Concept Store
launch party for the new Atelier concept
Adidas Originals Concept Store 開幕派對表演嘉賓

LIVE PERFORMANCES P.3

10 Nov 07
Special Performing Guest of Jeans West Fashion Design Cup, Beijing, China
真維斯杯休閒裝設計大賽表演嘉賓，於中國北京舉行

31 Oct 07
Hong Kong Performing Artists Guild Halloween Part, Intercontinental Hotel, Kowloon HK
香港演藝人協會之萬聖節派對的表演嘉賓，於白流洲際酒店舉行

02 Oct 07
Special guest of Modern Sky Music Festival with Kubert Leung Kiu Paak at Map Live, Beijing, China
摩登音樂天空音樂節之特別表演嘉賓，其他表演嘉賓包括梁翹柏，於北京之貓表演

08 Sep 07
QUIKSILVER X HO CHIU Causeway Bay Hong Kong Flagship Grand Opening Performance
QUIKSILVER X HO CHIU 旗艦店開幕表演，於香港銅鑼灣的QUIKSILVER 旗艦店

16 Sep 07
Metro Radio Show Rock, at HITEC, Kowloon, Hong Kong
新城電台搖滾音樂Show，於香港九龍灣國際展貿中心舉行

13 Jul 07
YO PARK Music Festival, at YO PARK, Kowloon, Hong Kong
YO PARK 音樂節，其他表演者包括許懷欣、葉世榮，於香港紅磡 YO PARK 舉行

11 May 07
LET'S FIGHT Round I & II @ HITEC, Kowloon Hong Kong
LET'S FIGHT 第一及第二回，其他演出者包括黃貫中，葉世榮及24味，於香港九龍灣國際展貿中心舉行

12 Aug 06
TVB Best of the Best - Ho Chiu & Friends Concert, with Eason Chan, Edmond Leung, at HITEC, Kowloon Bay, Kowloon, Hong Kong
TVB 型人型樂館之何超 & Friends Concert，其他表演嘉賓包括陳奕迅及梁漢文，於香港九龍灣國際展貿中心舉行

27 Jul 06
ROADSHOW HO CHIU 727 Live Concert at HITEC Kowloon Hong Kong ROADSHOW
何超727 Live 演唱會於香港九龍灣國際展貿中心舉行

TV / Print Commercial P.1



2017	100 Most x Braologie – Online Short Movie 100毛 x Braologie – 網絡短片
2015	Elyze - Hong Kong Spokesman of Elyze(TVC and Print Ad) 脂肪美學專家香港區代言人 (電視及平面廣告)
2015	Skyteam - China and China Spokesman (Online Short Movie) 天合聯盟航空聯盟 - 中國及香港代言人 (網絡短片)
2015	Kate Somerville Skin Health Products - Online Promotion Representative 凱詩薇肌膚保健產品 - 網絡宣傳大使
2014	World AIDS Day campaign 2014 - Hong Kong Campaign Representative 世界愛滋病日「關懷愛滋」零標鐵咖啡車x何超儀
2014	Versace Unique Signature Handbags for Pacific Place - Hong Kong Campaign Representative 限量版手袋相集
2014	King Fook Jewellery Group 景福珠寶集團亞洲區代言人 (平面廣告)
2013	ELYZE - Hong Kong Spokesman of Elyze (TVC and Print Ad) ELYZE脂肪美學專家 - 港區代言人
2013	KING FOOK JEWELLERY GROUP 景福珠寶集團亞洲區代言人 (平面廣告)
2013	Kagome Juicfe - Hong Kong Campaign Representative (TVC and Print Ad) Kagome 蕃茄汁香港區代言人
2012	Leonard - HK Campaign Representative Leonard - 香港區 Campaign Representative
2012	Coach - HK Campaign Representative Coach - 香港區 Campaign Representative
2012	Shiseido - HK Campaign Representative 資生堂 - 香港區 Campaign Representative
2012	China, Hong Kong & Macau Spokesman of Alain Philippe Watch Alain Philippe 腕表 中港澳代言人

TV / Print Commercial P.2



2012	KING FOOK JEWELLERY GROUP 景福珠寶集團亞洲區代言人 (平面廣告)
2012	Yves Saint Lauren (YSL) Cosmetic – Top Secret Campaign Representative 聖羅蘭 (YSL) – Top Secret 護膚系列
2011	Diesel - Spokesman of fashion line – Diesel Island Diesel – 時裝系列 – Diesel Island 代言人
2009	Yves Saint Lauren (YSL) Cosmetic – Top Secret Campaign Representative 聖羅蘭 (YSL) – Top Secret 護膚系列
2008	China, Hong Kong & Macau Spokesman of Alain Philippe Watch Alain Philippe 腕表 中港澳代言人
2008	Asian Region Spokesman of KING FOOK JEWELLERY GROUP 60 th Anniversary (Print Ad) 景福珠寶集團60週年亞洲區代言人 (平面廣告)
2007	Jewelry Manufacturing Association HK & Macau (Print-Ad & TVC) 香港珠寶製造業廠商會港澳區代言人 (電視及平面廣告)
2007	Feature star of Diesel (Print Ad) Diesel 特寫女星 (平面廣告)
2007	Acupuncture (Print Ad) Acupuncture (平面廣告)
2006	ESTEE LAUDER – Perfectionist Power correcting Eye Patch (Print-Ad) ESTEE LAUDER – Perfectionist 眼部護理系列 (平面廣告)

TV / Print Commercial P.3

- 2002 2 Collection (Diamond) Hong Kong (Print-Ad)
2 Collection (Diamond) Hong Kong (平面廣告)
- 2002 Cutis Skin Care (Print Ad)
Cutis Skin Care (平面廣告)
- 2002 Wing On Travel (TVC)
永安旅遊 (電視廣告)
- 2002 Sau San Tong Healthy Trim Institute
(TVC & Print Ad)
修身堂 (電視及平面廣告)
- 2001 Bauhaus Clothing & Jeans (Print Ad)
Bauhaus (平面廣告)
- 2001 Cartier – Asia Region Spokesman (Print-Ad)
“卡地亞” 亞洲區代言人 (平面廣告)
- 2000 Motorola Mobile Phone (TVC)
摩托羅拉手機 (電視廣告)
- 1999 Riccola Confectionery (TVC & Print-Ad)
利口樂香口珠 (電視及平面廣告)
- 1993 Get 27 Mint Liquor (HK, Taiwan, China) (TVC)
Get 27薄荷酒 (中國、香港、台灣 – 電視廣告)
- 1992 Whisper Sanitary Napkins (HK, Taiwan, China – TVC)
護舒寶女士用品 (中國、香港、台灣 – 電視廣告)



2002DVD最速ラインアップ+650名様プレゼント!「オーシャンズ11」劇場&試写会招待



Josie Ho gets the Rockit Festival off to a fine start at Victoria Park. The festival continues over the weekend. Picture: Martin Chan

Rockit blasts off with teenage talent

words | Martin Wong and Eric Nakamura
pics | Courtesy of Josie Ho

Idol Threat

Sound and Vision

My record company told me to never, ever sing live again. They just wanted me to lip-synch for the rest of my life.

With famous parents, Josie Ho could have just screwed around Macau, Hong Kong, the U.S., and Canada. Instead, she followed her interests in music and film. And now, instead of becoming part of Hong Kong's idol-making machine, she's playing real rock 'n' roll with the punk band Hardpack and choosing challenging roles in indie flicks like *Butterfly* and artful movies like *The Exiled*. During her latest stop in Los Angeles, where she was in talks with various Hollywood-types, we visited her family apartment.

GR: Where did you grow up?

JH: I grew up in Hong Kong and Toronto. I spent my childhood and teenage years in Toronto, in two boarding schools. I loved boarding school. You have a lot of freedom and you get to be responsible.

GR: Were you in bands or plays or whatnot when you were a kid?

JY: Yeah. I was in plays. I got to be Evita's sister-a tiny part. I wasn't involved in a band, but we had a lot of talent shows and I remember we had Amnesty concerts. I was always imitating Madonna. I was a freak! I wanted to be Madonna. I dreamed about being a singer when I was 11 or 12. My sisters hung out with Chinese pop stars like Andy Lau and Leslie Cheung. I saw those guys partying and singing all the time. I didn't see the hard work behind everything—just the glamorous, fun part of it—and I was fascinated. My family knew, and they had me perform at their private parties.

GR: No way!

JH: Yeah, my parents always have parties where they hired a keyboard person and they'd sing. At the time, we didn't have KTV clubs. Before getting drunk, everyone would be shy, and they'd be like, "Josie! Why don't you go up and sing?"

GR: Did you sing Cantonese or Hong Kong style pop back then, or were you into rock?

JH: I was really into Madonna and pop music like Lenny Kravitz and Prince. Now I'm into rock 'n' roll because of [her husband] Conroy's influence. I became friends with him and he started showing me different music like Pantera and Slayer.

JH: Record companies were like, "You have to do seven dance music songs and three ballads." So I did that.

GR: Did you get dance lessons, a makeover, and all that?

